

Harold Baggenstoss
Post 1260

April, 2019
Volume 86, Issue 4



FROM THE COMMANDER

BY BRUCE MALTERUD

Comrades,

April 2nd at 7:00 p.m. is the next monthly meeting of Harold Baggenstoss Post #1260 at the Bemidji Eagles club rooms.

I'm hoping that as many of our members can make this meeting as possible. This month is election of officers for the coming year, 2019-2020 from July 1st to June 30th, 2020. The month of April we will be distributing poppy cards to the businesses looking for a donation to help our local veterans and their families in need. In May we will offer the individual poppies to the public, May 17 & 18.

I took this bit of info from the VFW Action Corp Weekly. I thought that it may be of some interest to some of you.

FY 2020 Defense Budget Request is a 4.9 Percent Increase: The president's \$750 billion budget request for total defense spending includes a 4.9 percent increase for the Defense Department, or \$718 billion, which will enable the department to continue its three-pronged strategy to compete, deter and win across all spectrums of warfare. Specifically, the Pentagon proposal includes:

- A 3.1 percent military pay raise, the largest in a decade.
- A 3.2 percent basic allowance for housing increase and a 2.4 percent basic allowance for subsistence increase.
- Growth of the active and reserve force by almost 40,000 over the next five years.
- A 10 percent increase for the Defense POW/MIA Accounting Agency, from the current year \$130.6 million to \$144.88 million.
- The largest research and development request in 70 years.
- Also, DOD plans to allocate \$8 billion to support military families with childcare, youth programs, school education, and commissary operations.



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SPECIAL POINTS OF INTEREST

April Meeting—Election of
VFW Officers

I attended the 9th District VFW meeting in Crookston on March 2nd which the weather did not cooperate so it wasn't too well attended. On April 6th I will be going to Willmar for the testimonial for Tom Hanson, state VFW commander. April 27th & 28th on to Thief River Falls for Loyalty Days and the election for 2019 & 2020 officers for the 9th District.

Before closing I want to thank Mike Gutz and his wife, Julie for representing our post in the MN. State VFW Pistol shoot competition. Mike placed 2nd with nine shooters in the open class, which earned him a nice trophy. Thank you Mike & Julie for doing that.

On the lighter side: As Ole was leaving Basic Training, he said goodbye to his drill sergeant. The sergeant challenged Ole by replying, "Olson, I know you never liked me. I'll bet you can hardly wait for the day I die, so you can come back and spit on my grave." Ole replied, "oh, no, Drill Sergeant. I would never do that. I promised myself once I got out of the army, I'd never stand in a long line again."

Bruce Malterud, Commander

218-766-3898

bmjm@paulbunyan.net

Mark your calendars! Next meeting is Tuesday, April 2nd!!!

THIS MONTH IN HISTORY

April 18, 1775 -
The Midnight Ride of Paul Revere and William Dawes occurred as the two men rode out of Boston about 10 p.m. to warn patriots at Lexington and Concord of the approaching British.

April 18, 1906 - The San Francisco Earthquake struck at 5:13 a.m., followed by a massive fire from overturned wood stoves and broken gas pipes. The fire raged uncontrollably for three days resulting in the destruction of over 10,000 acres of property and 4,000 lives lost.

ADJUTANT'S CORNER

NOTICE: VFW website: www.vfwpost1260.org. All updated information is available concerning our local VFW Post #1260 as well as our state and national information.

VFW Post #1260 Meeting Date: Tuesday, April 2nd

Time: 7:00 pm

Where: Eagles Club

- Apr. 2- Final Nomination of VFW Post#1260 Officers. **Post Officers are to be elected in April.**
- Apr. 14- Palm Sunday.
- Apr. 19- Passover Begins- Good Friday.
- Apr. 21- Easter.
- Apr. 22- Earth Day.
- Apr. 27- Arbor Day.
- Apr. 27-28- Loyalty Days; Dist. #9 Meeting at Thief River Falls.

Bring another veteran to our meeting.

Harold Baggenstoss

VFW Post #1260

P.O. Box 1271

Bemidji, MN 56619

VFW Post Adjutant

ckapphan@paulbunyan.net

218-243-3060



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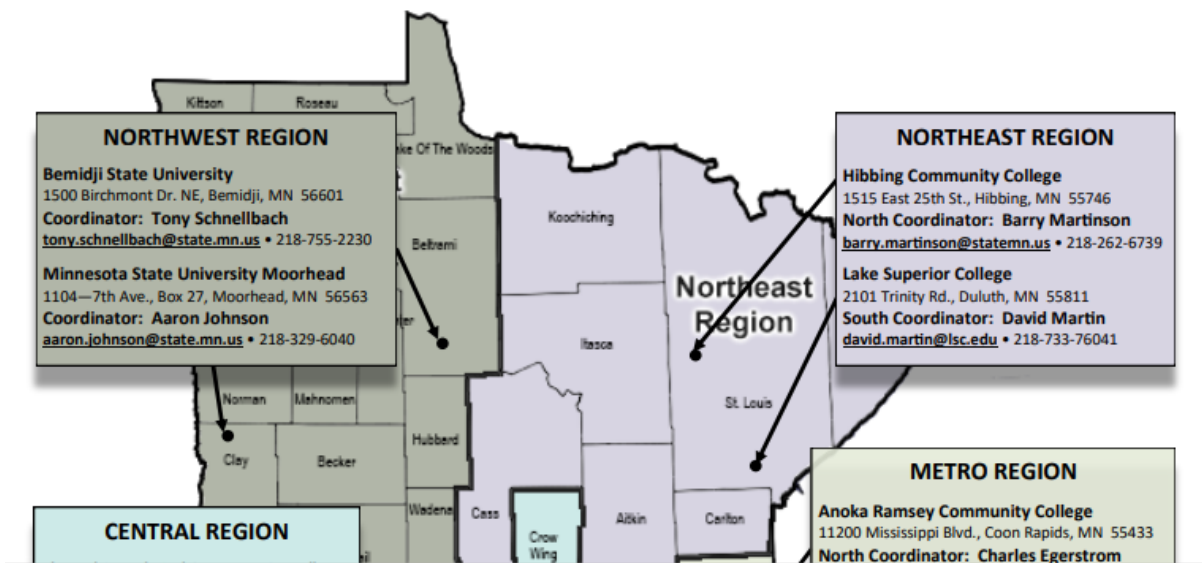
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david.bellefeuille@state.mn.us • 651-757-1564

Eric Abell, State Supervisor

Minnesota State Community & Technical College
900 Highway 34 East, Detroit Lakes, MN 56501
eric.abell@minnesota.edu • 218-396-0753



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OUR SACRIFICE

<u>Conflict</u>	<u>Casualties</u>
American Revolution	50,000
Northwest Indian War	1,881
War of 1812	20,000
Mexican American War	17,435
Civil War—Union	646,392
Civil War—Confederate	~524,000
Dakota War of 1862	263
Spanish-American War	4,068
Philippine-American War	7,126
World War I	320,518
World War II	1,076,245
Korean War	128,650
Vietnam War	211,454
Afghanistan War	22,878
Iraq War	36,894

NOTE: There are other smaller conflicts not listed where service members sacrificed their lives

CHAPLAIN'S CORNER



IF YOU ARE IN CRISIS AND NEED TO TALK TO SOMEONE IMMEDIATELY CALL

The National Suicide Prevention Lifeline
Available 24 hours every day
Call 1-800-273-8255

Or you can text the Crisis Text Line at 741741

The Disaster Distress Helpline
Call 1-800-985-5990

Website disasterdistress.samhsa.gov



What is Resilience? Spiritual Resilience?

Resilience is the strength we have to face and work through stresses, changes and adversity in our life. It is the "toolbox" of coping mechanisms that we learn and use when we aren't "in control" of a situation that brings us suffering, pain (emotional or physical), loss and emotional grief.

Spiritual resilience is having *four key "pillars of strength"* inside yourself. These are learned. They are:

Our values -- what code or ethical principles guide us through life, define who we are and remind us of our importance.

Having Perseverance -- the ability to keep going when things look bad or difficult.

Having Perspective -- the ability to see things happening in a "bigger picture" so that it becomes a small part of a larger whole to your life.

Having Purpose -- the ability to remember what your goals are and to see that your life is connected to others and to events that make you uniquely important in the world at this particular time.

SPOT LIGHT ON....



MINNEAPOLIS VA MEDICAL CENTER Vietnam Veteran Recognition Day

Friday, March 29, 2019

Auditorium Display: 9:00 am - 3:00 pm

- Vietnam War Traveling Trunk, Minnesota Military Museum (1965-1975 / US 1965-1973)
Contains a representative sample of all items commonly used by American troops during the Vietnam War. All items are original and not reproductions.
- Virtual Vietnam Wall of Faces
- Vietnam Photo Display
- Giveaways, lapel pins, car decals, buttons
- Ring the Spirit of Minnesota bell!
- Cake and refreshments (11:00 am - 1:00 pm)

Flag Atrium: 9:00 am - 3:00 pm

- VBA Claims Clinic (in 1B-102)
- Information Tables
 - Suicide Prevention
 - US Post Office Fraud Awareness
 - CVSOs
 - National Cemetery
 - Integrative Health



Army Scaling Back Recruiting Goals After Missing Target, Under Secretary Says

21 Mar 2019

Military.com | By Matthew Cox

Discussions over the Army's fiscal 2020 budget request have focused on cutting current programs to fund modernization, but the service also significantly lowered its recruiting goals for the next several years after missing last year's recruiting target by more than 6,000 soldiers.

The Army plans to increase active end-strength by 2,000 soldiers each year over the 2020-2024 Future Years Defense Program, or FYDP. The fiscal 2020 request is 50 percent less than the service's fiscal 2019 budget request for 4,000 soldiers.

The move comes after the service fell short of meeting its active recruiting goal for fiscal year 2018.

"We missed last year; we missed by 6,500 people in the active force," Under Secretary of the Army Ryan McCarthy told an audience Thursday, a Center for Strategic & International Studies event. "We have reduced our end-strength goal effectively immediately ... and across the FYDP to 2,000 year-over-year."

VETERANS EMPLOYMENT REP-



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THIS MONTH IN HISTORY

April 18, 1942 - The first air raid on mainland Japan during World War II occurred as General James Doolittle led a squadron of B-25 bombers taking off from the carrier Hornet to bomb Tokyo and three other cities. Damage was minimal, but the raid boosted Allied morale following years of unchecked Japanese military advances.

April 19, 1775 - At dawn in Massachusetts, about 70 armed militiamen stood face to face on Lexington Green with a British advance guard unit. An unordered 'shot heard around the world' began the American Revolution. A volley of British rifle fire was followed by a charge with bayonets leaving eight Americans dead and ten wounded.

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POST AUXILIARY

Greetings Everyone,
Due to schedule conflicts, I am writing this newsletter in early March for the April newsletter! As I look outside, there are very high snow banks, and a big storm predicted..... Let's hope that with this April newsletter, most of that "stuff" has left and we are heading for spring. It is that time of year again when we look forward to our big POPPY distribution and fund raiser. On Saturday, April 13, we will gather at

our home to assemble the poppy cards that are for area businesses. The week of April 15th through April 21st we will be distributing Poppy Cards to area businesses. We hope they will show their pride and appreciation for our veterans by supporting us financially, and by displaying the Poppy Card in their place of business. From May 17th through May 20th we go out as individual VFW and Auxiliary members to various local businesses and offer individual poppies to people for a donation. It is wonderful to see most people's reaction to our table of poppies. Many get out of their car with a smile on their face, and start to try to find their wallet, or purse, or pocket so they can donate some funds. It is also heartening to see young children learn about the meaning of the poppies. They wear their new poppy proudly (or shyly), but they wear it. Be sure to make the most of this opportunity. Please come out and help us distribute poppies, and wear your own poppy proudly. We are counting on you to be a part of this fund raiser and annual celebration of something that has been going on for many years. We need your help to make this fund raiser a success. Election of new officers will take place at our April meeting. If you are interested in a position, or know of someone you feel would be good as one of our officers, please attend our April meeting (scheduled for Tuesday, April 2nd) and be a part of setting up the structure for the coming year.

We have been sewing towels for our next set of Towel Buddies, and will be getting together to assemble them in April.

I want to wish everyone a Happy Easter the end of the month. Hope you and your family have a wonderful celebration, and hopefully we will all be able to include a veteran and/or their family in our celebrations.

Best Regards,
Margaret Booge
President, VFW Auxiliary 1260
218-556-9482

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ACTIVITIES THIS PAST MONTH



Mike Gutz, Post 1260 member, competed in the VFW State open class pistol shoot in Brainerd on February 23. Mike earned the 2nd place trophy.



OUR DAILY COMMITMENT

Hours served: 169

Members volunteered: 27

Total dollar: \$626

Current Members: 247

2019 TAPS

POINTS OF CONTACT

Commander	Bruce Malterud	218-766-3898	bmjm@paulbunyan.net
Adjutant	Clare Kapphahn	218-243-3060	ckapphan@paulbunyan.net
Quartermaster	Kelly Booge	218-308-1171	kelbooge@paulbunyan.net
Sr. Vice Commander	John Naastad	651-283-8657	johannaastad@hotmail.com
Jr. Vice Commander	Jim Johnson		
Surgeon			
Chaplain	Jerry Wraa	218-776-3949	jlwraa@gvtel.com
Asst Chaplain	Vacant		
Veterans Service Officer	Scotty Allison	218-333-4178	campbell.allison@co.beltrami.mn.us
Post Auxiliary President	Margarete Booge	218-751-3258	kelbooge@paulbunyan.net
Post Auxiliary Treasurer	Janie Malterud	218-854-7499	bmjm@paulbunyan.net
DAV Chapter #7	Thomas Annonson	218-251-3025	torgor@lightspeed.net

Support Numbers

Education: <http://www.mymilitaryeducation.org>

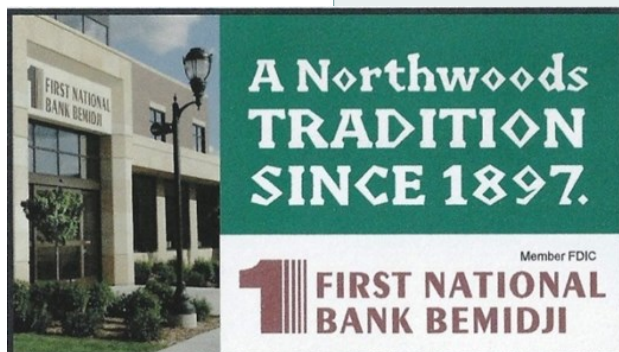
Health Care: 1-877-222-8387

Suicide Prev. Hotline: 1-800-273-8255


Fargo VA: 1-800-410-9723

Help Line: 1-855-VET-TALK

VA Community Outpatient Clinic-Bemidji: 218-755-6360



Harold Baggenstoss
VFW Post #1260
P.O. Box 1271
Bemidji, MN 56619
Phone: 218) 243 3060
E-mail: ckapphan@paulbunyan.net



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POST 1260

The purpose is fraternal, patriotic, historical, and educational; to preserve and strengthen comradeship among its members; to assist worthy comrades; to perpetuate the memory and history of our dead, and to assist their widows and orphans; to maintain rue allegiance to the Government of the United States of America, and fidelity to its Constitution and laws; to foster true patriotism; to maintain and extend the institutions of American freedom, and to preserve and defend the United States from all her enemies, whomsoever.

- *Youth activities, Voice of Democracy & Youth Essay*
- *Patriotic Activities*
- *Aid to Schools & Churches*
- *Membership*
- *Help to obtain benefits*
- *Legislative Service*
- *Buddy Poppy Promotion*